

Quality Control in Clinical Microbiology Laboratory

Mohammad Rahbar (Ph.D)

Professor of clinical of Clinical Microbiology

Department of Microbiology, Iranian Reference Health Laboratory

Introduction

The **clinician and the microbiologist** must actively work **together** to maximize the clinical value of diagnostic microbiology testing. **Unfortunately**, the current trend to **consolidate laboratory services** and to move them off-site has made timely communication between laboratory personnel and patient care providers more difficult.

Introduction

In addition, **these changes** potentially increase the time between specimen collection and laboratory processing, compromising the specimen integrity and delaying the availability of critical test results. These changes, along with other cost-cutting measures, **make it even more important that the infectious diseases physician and the microbiologist work together.** The following expectations regarding the microbiologist's and the clinician's responsibilities should be recognized and addressed.

Microbiologist Responsibility

1- Provide an appropriate, comprehensive test menu that is responsive to physician needs

2-Establish a relationship with an external laboratory for performance of infrequent, expensive, or sophisticated testing that cannot be performed on site.

3-Provide cut-off times for processing test requests and turnaround times for reporting results

4-Provide guidelines for specimen collection and transport

Microbiologist Responsibility

5-Maintain an effective computerized system for acknowledging receipt of specimens, testing in-progress, and reporting of results; immediate notification to the physician of critical results should be a component of an overall communication system

6-Periodic publication of antimicrobial susceptibility patterns for the most commonly isolated bacteria in the institution

Microbiologist Responsibility

7-Maintain a program of quality control that ensures the accuracy of all offered tests

8-Establish a laboratory that conforms to regulatory standards

9-A system of short-term storage of all specimens and long-term storage of important isolates should be established to facilitate additional testing if required

Clinician's Responsibilities

1-Maintain knowledge of the laboratory test menu and specimen collection and transport guidelines

2-Alert the laboratory when a specific organism is sought (e.g., a fastidious or highly pathogenic organism)

2-Prioritize test requests when a limited quantity of specimen can be collected

Establish an open communication with the laboratory director when testing needs are not satisfied by the available test menu or special handling of a specimen is required

Quality Control

- Continual monitoring of working practices, equipment & reagents so as to detecting & correcting defects
- => Maintains **reliable / timely** analytical performance (result / outcome)
- => More patient-care-oriented approach

Stages of laboratory activities

- The QC program must ensure optimum patient specimens and result integrity throughout the 3 stages processes:
 - 1. Pre-analytical
 - 2. Analytical
 - 3. Post-analytical

Three stages of activities

Table 1- Three stages of activities that affect outcome of laboratory testing:

Stage	Activities
Preanalytical	Test ordering
	Order transcription
	Patient preparation
	Specimen collection
	Specimen identification
	Specimen transport
Analytical	Sample testing (ID & ST)
Post-analytical	Result transcription
	Result interpretation
	Action taken on basis of result

A quality outcome can be interrupted or destroyed at any point in the process.

Elements of QA

- ▶ *Specimen Collection and Transport*
- ▶ *Standard Operating Procedure (SOP)*
- ▶ *Personnel*
- ▶ *Proficiency Testing*
- ▶ *Performance checks*
- ▶ *Reporting of Results*

Continued..

▶ *Quality Control of Bacteriology:*

▶ *Media*

▶ *Stains*

▶ *Reagents*

▶ *Antisera*

▶ *Antimicrobial Susceptibility Testing*

▶ *Equipment's & instruments*

▶ *Maintenance of QC Records*

▶ *And etc*

Standard Operation Procedures (SOP)

A SOP is a **set of fixed instructions** to carry out a routine activity or process. An example of a procedure **would be a step-by-step description of how to perform a disk diffusion antimicrobial susceptibility test on a bacterial isolate**. SOPs should have a **consistent format** and should be clear to all users so that the task being described is consistently performed.

Need of SOP s in laboratory work

Standard operating procedures in a microbiology laboratory are needed for following reasons:

- To **improve and maintain the quality of laboratory service** to patients and identify problems associated with poor work performance;
- To provide laboratory staff with written instructions on how to perform test consistently to an "acceptable standard" in the laboratory;
- To provide written standardized techniques for use in the training of laboratory personnel;
- To facilitate the preparation of a list of essential reagents,
- chemicals and equipment's;
- *To promote safe laboratory practice.*

Important features of SOP

An individual SOPs must be:

- **Applicable and achievable** in the laboratory in which they will be used;
- Clearly written and easy to understand and follow; and
- Kept up-to-date using appropriate technologies.

Important features of SOP

An individual SOPs must be:

- Applicable and achievable in the laboratory in which they will be used;
- Clearly written and easy to understand and follow; and
- Kept up-to-date using appropriate technologies.

Preparation of SOP

The procedure manual, a reference for standardization and organization of all tests and functions, is the most important document in the microbiology laboratory. It is written for new inexperienced personnel but also serves as a reference for experienced laboratory personnel.⁶ For that reason, SOPs must be written and implemented by qualified experienced laboratory officers, and followed exactly by all members of staff. Each SOP must be given a title and identification number, and be dated and signed by an authorized person.

Types of SOP

Standard operating procedures can be described under two broad headlines:

One of them is 'standard procedure for general laboratory practices' which include: (a) request form, (b) collection and transportation of clinical specimens, (c) specimen acceptability and criteria for rejection, (d) procedure for processing specimens, (e) systematic descriptions of the tests performed, (f) antimicrobial susceptibility testing, (g) safety in laboratory and (h) quality assurance.

Stages of SOP

Total activities performed by laboratory personnel in order to provide accurate **diagnosis from a clinical specimen can be divided into three stages. These are :**

Pre-Analytical stage- primarily deals with the general concepts for specimen collection and handling

Analytical stage- deals with testing the specimens, .

Post-Analytical stage- comprises of reporting and interpreting test results.

Specimen Selection ,collection and transport

A variety of pathogens are usually considered, which increases the types of specimens that must be collected and the number of tests ordered. Although this may not pose a problem if the quantity of specimen is sufficient (e.g., blood, urine, stool, expectorated sputum), this can present a significant problem if the quantity is limited or the specimen difficult to obtain (e.g., aspirated fluids, tissue biopsy).

Continue...

Thus, the physician has the responsibility to consider carefully potential pathogens and the diagnostic tests that should be ordered. The physician also has the responsibility to ensure specimens representative of the site of infection are collected in the appropriate container and transported to the laboratory in a timely fashion.

Continue...

- **Delays while specimens** remain in the patient care area adversely **affect diagnostic testing**. The microbiologist has the responsibility to provide appropriate, readily available **instructions and materials for collection and transport of the specimens**.

Continue...

Selection of the appropriate specimens depends **on multiple factors**.
If the diagnostic test is isolation of the organism in culture, then the specimen must contain viable organisms; **in addition, care should be taken to avoid organisms that may either suppress or overgrow the pathogen or confound the interpretation of the culture**

Continue...

Ideally, the specimens should be collected before administration of antimicrobials. An adequate volume of specimen should be collected to maximize recovery of the pathogen, and an adequate number of specimens should be collected if the organism is transiently present (i.e., blood cultures for detection of bacteremia or fungemia)

Continue...

- Microscopy is a rapid but typically insensitive and nonspecific method for detection of pathogens. Thus, if the quantity of specimen is limited, the value of microscopy must be balanced with the need for other diagnostic tests. If microscopy is the primary diagnostic test (e.g., examination of peripheral blood smears for plasmodia, *Babesia*, *Borrelia*), then multiple specimens may need to be examined by using specialized stains or microscopy techniques.

Continue...

Selection of the appropriate specimen for detection of microbial antigens is determined by the suspected pathogen. For example, cerebrospinal fluid (CSF) would be appropriate for diagnosis of *cryptococcal meningitis*, but both CSF and urine should be collected for diagnosis of *pneumococcal meningitis*. Likewise, the optimum specimens for diagnosis of *Legionella pneumonia* are bronchial lavage for culture and urine for antigen testing

Continue...

Serologic tests are useful if the collection of blood is properly timed to coincide with the peak level of antibodies or to demonstrate **a significant rise in antibodies**. Because these levels can vary for different pathogens, collections of samples should be **coordinated carefully to optimize** their usefulness and not as an afterthought when confronted with initial negative tests.

Continue...

- **Transport of specimens** to the microbiology laboratory must be **done in a timely fashion**, which is particularly important in the handling of **urgent requests**. The laboratory should determine in what manner **and how often specimens should be delivered and should periodically** monitor this process to make sure that delivery to the laboratory is occurring as expected.

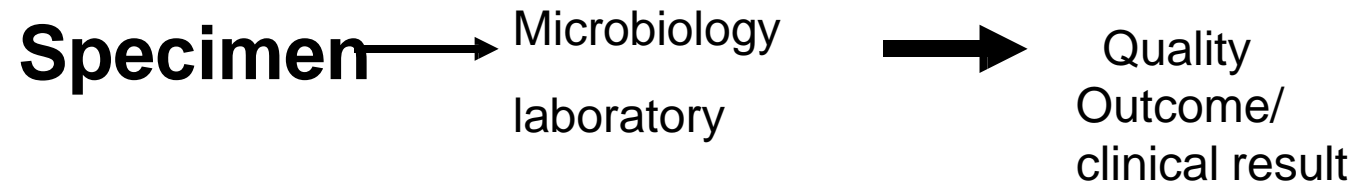
Continue...

- It is important to include, with the time required to transport a specimen to the laboratory, **the delays between collection of the specimen and shipment to the laboratory and the time between receipt of the specimen in the laboratory and laboratory processing**. Efforts to minimize transit time (e.g., use of pneumatic tube systems) are wasted if there are significant delays after collection or receipt in the laboratory.

Continue...

- The physician has the responsibility to minimize the former and the microbiologist the latter. These transit times should **be monitored systematically as part of a diagnostic** quality assurance program. It is also important to time the collection and transport of specimens to ensure they arrive in the laboratory before an established cutoff time for tests that are performed once per day or less often.

Quality of the specimen



- Health care value of the information provided by clinical microbiology lab is being significantly compromised by **inappropriate specimens**

Quality of the specimen

- **Inappropriate specimens:**
 - Submission of contaminated specimens
 - Delay in specimen delivery
 - Viral culture without transport media
 - Collection of specimens from inappropriate body sites
- =>Collection of microbiology specimens is generally not under direct control of lab.

Rejection criteria for improper samples:

Criteria should be developed by a laboratory on the basis of which the processing may not be done by the laboratory. The following are some examples of unacceptable specimens:

1-Missing or inadequate identification;

2-Insufficient quantity;

3-The specimen **has been transported at the improper temperature** in improper medium (e.g., specimen for anaerobic bacteria submitted in aerobic transports)

Rejection criteria for improper samples

- 4- Specimen collected in an **inappropriate container**;
- 5- **Contamination** suspected;
- 6- Unknown time delay;
- 7- **Leaking container** or open mouthed container;
- 6- **Specimen is dried up**; · Saliva instead of sputum; and · Inappropriate request, e.g., Folley's catheter tip, oral swab, etc.

Rejection criteria for improper samples

- It is an important rule to talk **to the requesting physician before discarding unacceptable specimens**. In some cases, such as mislabeling of a specimen or requisition, the person who collected the **specimen or requisition can come to the laboratory and correct the problem**. Correction of a mislabeled specimen or requisition should **not be done over the telephone**.

Personnel

- Active participation by everyone working in the system is required to meet quality standards & continuously improve performance
- Assign responsibility / duties

Personnel

Personnel	Function
<p>Quality Improvement Executive Committee</p>	<p>-Reviews and approves policies and procedures required to achieve quality improvement goals</p> <p>- Fosters interdisciplinary communication, facilitates problem solving and documents results of QA activities.</p>
<p>Microbiologist - ist</p>	<p>-Participates in monitoring and evaluating laboratory services.</p> <p>Provides recommendations for improving services; for example; The microbiologist must make many clinical decisions regarding collection and transmission of specimens. The extent of his/her role in the interpretation and utilization of microbiological information must also be considered</p>
<p>Technologists & Technician</p>	<p>Implements procedures and manages data in accordance with QA goals. Provides recommendations to director for improving services</p>

Personnel

- **The employee's personnel records contain:**
 - Qualification & experience
 - **The tasks & procedures** that the employee is authorized to perform (dates of received training & competence tests)
 - **Continuing education activities** (attend some training program or workshop)
 - **Regular meeting** to keep staff informed of changes & to solicit their suggestion for improving the lab. service

Culture Media

- Definitions of culture media
- Types of culture media
- Significant culture media used within Microbiology QC
- Approaches to the QC testing of media
- Selecting microorganisms
- Supplier audits

Definition of Culture medium

- Microbiological culture medium
- A substance which encourages the growth, support and survival of micro-organisms.
 - Contains nutrients, growth promoting factors, energy sources, buffer salts, minerals, metals and gelling agents (for solid media).



Introduction

- Definitions of culture media
- Types of culture media
- Significant culture media used within Microbiology QC
- Approaches to the QC testing of media
- Selecting microorganisms
- Supplier audits

Culture Media: Types

- Culture media is divided into:
 - Liquid culture media. This is commonly called 'broth'.eg TSB
 - Nutrient broth and



Culture Media: Types

- Solid and semi-solid culture media.
 - Contains a solidifying material which may be agar-agar or gelatine or some other analogous substance.
 - This media is commonly called 'agar', irrespective of the type of solidifying agent used.



Culture Media: Types

- Further divisions:
 - Growth media
 - Transport media (e.g. Carry Blair .Stuart ...)
 - Preservation media
 - Resuscitation media
 - Enrichment media (e.g. blood agar ,chacholate agar)
 - Selective growth media (e.g. MacConkey agar)
 - Differential media (with some sort of indicator, typically a dye)
 - Minimal media (for ‘wildtypes’)
- Some of the above media may have multiple uses.e.g. **Blood agar**

Culture media preparation

- Choice of media, selection of brand and formulation
- Calculation and weighing of dehydrated media
- Mixing with water and heating
- Sterilization
- Fine-tuning: Adding supplements, pH verification
- Dispensing of prepared culture media
- Packing and storage
- Sterility check

Quality Assurance

- Quality Assurance
- Those processes before, during and after the manufacture of medical microbiological culture media that verify the **adequacy of the media for its intended purpose.**
- **Quality Control:**
- **The final inspection and testing of the finished product** to ensure its compliance with predetermined performance criteria

Quality control requirements for culture media preparation

- ✓ Should be based on a pragmatic, risk-based approach
- ✓ Perform QC for each newly prepared batch
- ✓ Quarantine newly prepared and dispensed media until they pass Q
- pH verification.

Visual inspection

- ✓ **Cracked** or damaged plates
- ✓ **Agar detached** from the plates
- ✓ **Frozen** or melted agar
- ✓ **Unequal filling** of the plates
- ✓ **Insufficient amount** of agar (<3 mm)
- **(Note: For Mueller Hinton agar, the agar depth should be 4 ± 0.5 mm)**

Visual inspection

- ✓ **Haemolysis** of blood-containing media
- ✓ Changes in the expected **colour** of the media
- ✓ Excessive **bubbles** or rough surfaces
- ✓ Excessive **moisture** or dehydration
- ✓ Obvious **contamination**

Visual inspection

- ✓ *Presence of precipitates*
- ✓ *Integrity of the packaging*
- ✓ *Presence of broken or cracked Petri plates or tubes*
- ✓ *Presence of leakage from the Petri plates or tubes*
- ✓ *Accuracy of the labelling*

Sterility check

-
- ✓ 48 h incubation at $35\pm 2\text{C}$ (varying from 24 h to 5 days depending on the
- reference)
- ✓ Batch with <100 units: 2% sample; batch with >100 units: ten random units
- ✓ In case of contamination, reject the batch and prepare a new one
- ✓ Do not re-use the plates used for sterility check
- ✓ Note that an additional visual check should always be done right before use

Performance check:

- ✓ Use QC organisms:
- Choose appropriate QC organisms based on standards, guidelines or manufacturer's instructions
- Type culture collection organisms (e.g. ATCC) are recommended but previously
- characterized clinical organisms or EQA strains shown to be phenotypically
- stable (documentation required) are also accepted
- QC organisms should be correctly maintained and stored (refer to CLSI M22-A3)

Troubleshooting: overview of the most common errors and possible causes

- ✓ Humidity too high during storage
- ✓ Container left open for too long
- ✓ Container not tightly closed after opening
- ✓ Dehydrated culture medium beyond shelf life

Wrong pH

- ✓ pH meter not calibrated
- ✓ pH verification done on too hot medium (generally to be done at 25C)
- ✓ Overheating: excessive sterilization, heterogeneous mixing, medium kept at 50C for too long, repeated re-melting or at too high temperature
- ✓ Use of poor-quality water or container
- ✓ Use of chemically contaminated containers
- ✓ Incomplete dissolution/mixture of medium
- ✓ Dehydrated medium stored incorrectly (e.g. not tightly closed) or beyond shelf life

Incomplete solubility

- ✓ Use of inadequate water
- ✓ Inadequate heating/inadequate timing for dissolution
- ✓ Insufficient soaking or incomplete mixing
- ✓ Flask too small to allow adequate mixing and/or convection

Darkening, caramelization

- ✓ Overheating: excessive sterilization, heterogeneous mixing, medium kept at 50C for too long,
- repeated re-melting or at too high temperature

Incomplete gelling or soft agar

- Incorrect proportions of product to water: error in weighing or over-dilution
- ✓ Agar not properly dissolved: poor mixing, prolonged storage at 50C
- ✓ Overheating of culture medium, possibly at low pH
- ✓ Repeated re-melting causing overheating

Turbidity, precipitation

- Poor quality of dehydrated media
- ✓ Use of poor quality of water or container
- ✓ Overheating: excessive sterilization, heterogeneous mixing, medium kept at 50C for too long, repeated
- re-melting or at too high temperature
- ✓ Wrong pH
- ✓ Incomplete dissolution/mixture of medium
- ✓ Loss of water of the prepared culture medium due to evaporation

Poor growth or loss of differential properties

- ✓ **Incorrect or improperly maintained QC organisms used**
- ✓ **Overheating: excessive sterilization**, heterogeneous mixing, medium kept at 50C for too long, repeated
- **re-melting or at too** high temperature of medium
 - ✓ incomplete dissolution/mixture
- ✓ **Inhibitory substances in water**, container or inoculum
- ✓ **Wrong pH**

- Physical characteristics

Date	Medium	Lot #	Colour	Clarity	Gel	pH	sterility	Sign
2/5/02	Cho	X	Ok	Ok	Ok	Ok	ok	Jo
	MAC	xx	Ok	Ok	Ok	Ok	ok	Jo

Labeling:

Date of preparation_____

Media_____

Lot No._____

Expiration Date_____

QC_____

Storage condition_____

Technologist_____

کنترل کیفی محیط های کشت ساخته شده و خریداری شده

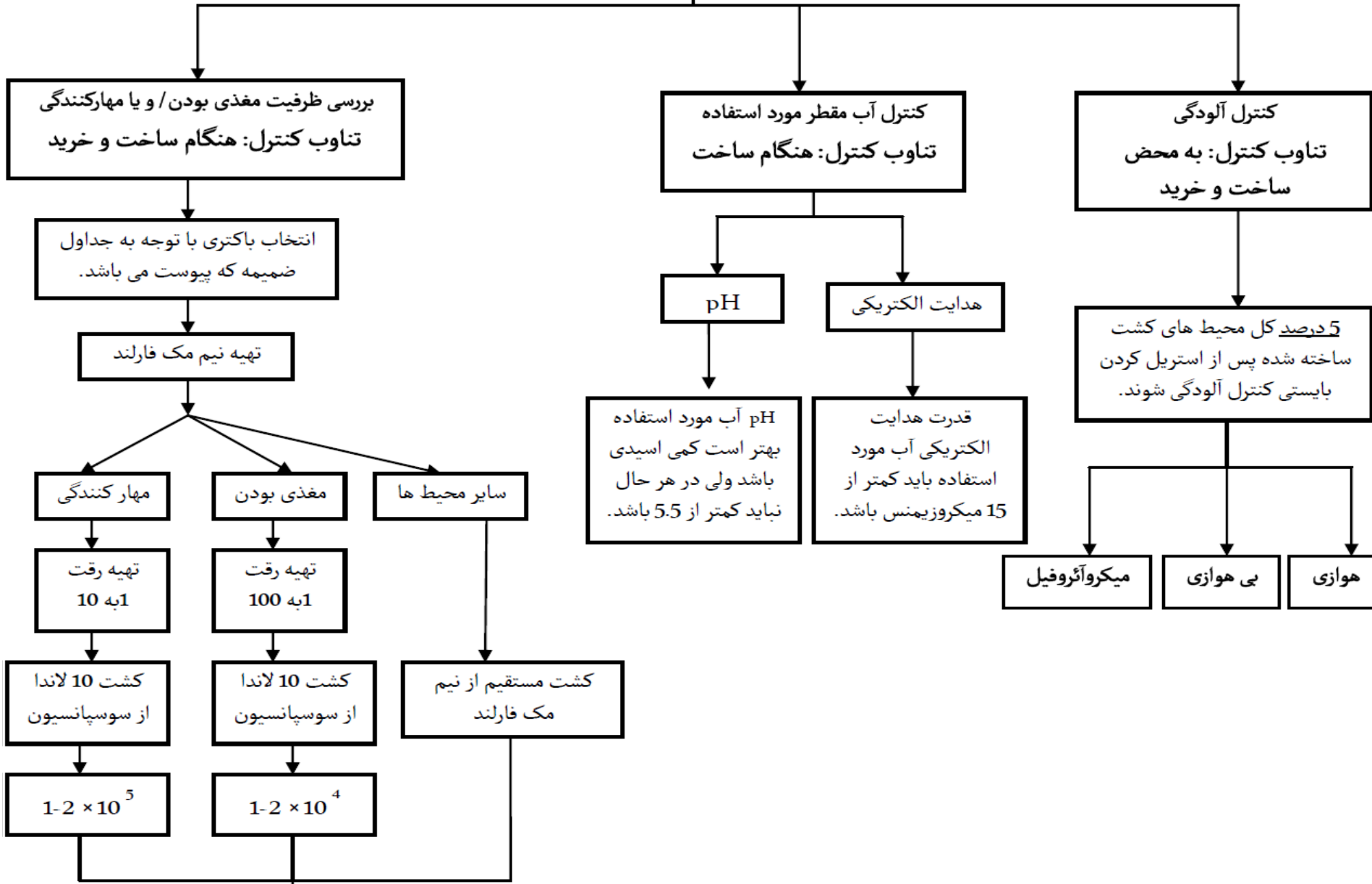


Table 1-26 Quality Control of Commonly Used Media: Suggested Control Organisms and Expected Reactions

MEDIUM	CONTROL ORGANISMS	EXPECTED REACTIONS
Blood agar	Group A <i>Streptococcus</i>	Good growth, β -hemolysis
	<i>S. pneumoniae</i>	Good growth, α -hemolysis
Bile-esculin agar	<i>Enterococcus</i> species	Good growth, black
	α -Hemolytic	No growth; no discoloration of media
	<i>Streptococcus</i> , not group D	
Chocolate agar	<i>Haemophilus influenzae</i>	Good growth
	<i>Neisseria gonorrhoeae</i>	Good growth
Christensen urea agar	<i>Proteus mirabilis</i>	Pink throughout (positive)
	<i>Klebsiella pneumoniae</i>	Pink slant (partial positive)
	<i>Escherichia coli</i>	Yellow (negative)
Simmons citrate agar	<i>K. pneumoniae</i>	Growth or blue color (positive)
	<i>E. coli</i>	No growth, remains green (negative)
Cystine trypticase (CTA) agar	<i>N. gonorrhoeae</i>	Yellow (positive)
	Dextrose	<i>Branhamella catarrhalis</i>
Sucrose	<i>Escherichia coli</i>	Yellow (positive)
	<i>N. gonorrhoeae</i>	No color change (negative)
Maltose	<i>Salmonella</i> species, or <i>N. meningitidis</i>	Yellow (positive)
	<i>N. gonorrhoeae</i>	No color change (negative)
Lactose	<i>N. lactamicus</i>	Yellow (positive)
	<i>N. gonorrhoeae</i>	No color change (negative)

Table 1-26 Continued

MEDIUM	CONTROL ORGANISMS	EXPECTED REACTIONS
	<i>Shigella flexneri</i>	Purple slant, yellow deep
	<i>P. mirabilis</i>	Red slant, yellow deep
MacConkey agar	<i>E. coli</i>	Pink colonies (lactose positive)
	<i>P. mirabilis</i>	Colorless colonies, no spreading
	<i>Enterococcus</i> species	No growth
Malonate	<i>E. coli</i>	No growth
	<i>K. pneumoniae</i>	Good growth, blue (positive)
Motility (semisolid agar)	<i>P. mirabilis</i>	Media cloudy (positive)
	<i>K. pneumoniae</i>	No feather edge on streak line (negative)
Nitrate broth or agar	<i>E. coli</i>	Red on adding reagents
	<i>Acinetobacter lwoffii</i>	No red (negative)
Phenylethyl alcohol blood agar	<i>Streptococcus</i> species	Good growth
	<i>E. coli</i>	No growth
<i>o</i> -Nitrophenol- β -D-galactopyranoside (ONPG)	<i>Serratia marcescens</i>	Yellow (positive)
	<i>Salmonella typhimurium</i>	Colorless (negative)
Phenylalanine deaminase	<i>P. mirabilis</i>	Green (add 10% FeCl ₃)
	<i>E. coli</i>	No green (negative)
<i>Salmonella-Shigella</i> (SS) agar	<i>S. typhimurium</i>	Colorless colonies, black centers
	<i>E. coli</i>	No growth
Voges-Proskauer	<i>K. pneumoniae</i>	Red (add reagents)
	<i>E. coli</i>	No development (negative)
Xylose-lysine-dextrose (XLD) agar	<i>Salmonella</i> species	Red colonies (positive lysine)
	<i>E. coli</i>	Yellow colonies (positive sugars)
	<i>Shigella</i> species	Transparent colonies (negative)

* From Microbiology Checklist, College of American Pathologists, Revised October 14, 2003.

Table 1-26 Continued

MEDIUM	CONTROL ORGANISMS	EXPECTED REACTIONS
	<i>Shigella flexneri</i>	Purple slant, yellow deep
	<i>P. mirabilis</i>	Red slant, yellow deep
MacConkey agar	<i>E. coli</i>	Pink colonies (lactose positive)
	<i>P. mirabilis</i>	Colorless colonies, no spreading
	<i>Enterococcus</i> species	No growth
Malonate	<i>E. coli</i>	No growth
	<i>K. pneumoniae</i>	Good growth, blue (positive)
Motility (semisolid agar)	<i>P. mirabilis</i>	Media cloudy (positive)
	<i>K. pneumoniae</i>	No feather edge on streak line (negative)
Nitrate broth or agar	<i>E. coli</i>	Red on adding reagents
	<i>Acinetobacter lwoffii</i>	No red (negative)
Phenylethyl alcohol blood agar	<i>Streptococcus</i> species	Good growth
	<i>E. coli</i>	No growth
<i>o</i> -Nitrophenol- β -D-galactopyranoside (ONPG)	<i>Serratia marcescens</i>	Yellow (positive)
	<i>Salmonella typhimurium</i>	Colorless (negative)
Phenylalanine deaminase	<i>P. mirabilis</i>	Green (add 10% FeCl ₃)
	<i>E. coli</i>	No green (negative)
<i>Salmonella-Shigella</i> (SS) agar	<i>S. typhimurium</i>	Colorless colonies, black centers
	<i>E. coli</i>	No growth
Voges-Proskauer	<i>K. pneumoniae</i>	Red (add reagents)
	<i>E. coli</i>	No development (negative)
Xylose-lysine-dextrose (XLD) agar	<i>Salmonella</i> species	Red colonies (positive lysine)
	<i>E. coli</i>	Yellow colonies (positive sugars)
	<i>Shigella</i> species	Transparent colonies (negative)

* From Microbiology Checklist, College of American Pathologists, Revised October 14, 2003.

Use of Quality Control Strains

- Control strains **should be cultures that exhibit typical microscopic, macroscopic and biochemical characteristics of the species**, and must be cultures that have been verified and validated and whose lineage is documented .

Quality Control Strains

- The cultures used for Quality Control Testing of media have been selected because of growth attributes or biochemical characteristics. Over an extended period, it is expected that these cultures will be consistent in their phenotypic properties. Cultures when received from a culture collection or other recognized (authorised) source should be preserved.

Use of Quality Control Strains

It is desirable to minimize the number of transfers between the master culture and the working culture such that there is limited population or genetic change. The most effective system for managing the culture collection is the hierarchical or tiered system that includes Master, Stock and Working cultures.

Use of Quality Control Strains

When a culture is first received by a laboratory it should be activated and tested for purity and identity. If pure, growth from this plate is used to prepare freeze dried ampoules, frozen glycerol broths or beads, or some equivalent system which minimises change but allows long term viability of the micro-organism.

Use of Quality Control Strains

In addition to the purity check, and at the same time of preservation, the identity of the culture should be verified including the particular characteristics utilized for media growth performance checks. The preserved culture generated by this process is termed MASTER culture and should not be accessed frequently.

External Quality Assessment (EQA)

- The term external quality assessment (EQA) is used to describe a method that allows for **comparison of a laboratory's testing to a source outside the laboratory.**
- This comparison can be made to the performance **of a peer group** of laboratories or to the performance of a reference laboratory.
- The term **EQA is sometimes used interchangeably with proficiency testing**; however, EQA can also be carried out using other processes.

Types of EQA

Several EQA methods or processes are commonly used. These include:

1. Proficiency testing **external provider sends unknown samples** for testing to a set of laboratories, and the results **of all laboratories are analyzed, compared, and reported to the laboratories.**
2. **Rechecking or retesting slides that have been read are rechecked by a reference laboratory;** samples that have been analyzed are retested, allowing for inter-laboratory comparison

EQA benefit

Participation in an external quality assessment program provides valuable data and information which:

- 1- Allows comparison of performance and results among different test sites
- 2- provides early warning for systematic problems associated with kits or operations.
- 3-provides objective evidence of testing quality;
- 4-Indicates areas that need improvement;
- 5- Identifies training needs.

EQA benefit

EQA helps to assure customers, such as physicians, patients, and health authorities, that the laboratory can produce reliable results. Individual laboratories can use EQA to identify problems in laboratory practices, allowing for appropriate corrective action. EQA participation will help to evaluate reliability of methods, materials, and equipment, and to evaluate and monitor training impact. For laboratories performing public health-related testing, EQA can help to assure that results from different laboratories during surveillance activities are comparable

EQA benefit

- EQA participation is usually required for accreditation. Also, EQA participation creates a network for communication, and can be a good tool for enhancing notational
- laboratory network. Samples received for EQA testing, as well as the information shared by the EQA provider, are useful for conducting continuing education activities.

Principal characteristics of an EQA scheme

EQA programs vary but principal characteristics include the following:

1-EQA programs can **either be free-of-charge or require a fee**. Free EQA programs include those offered by **a manufacturer to** ensure equipment is working correctly and those organized by a regional or national program for quality improvement

Principal characteristics of an EQA scheme

Some EQA programs **are obligatory**, either required by an accrediting body or **by law**. **Others are voluntary**, and the quality manager may choose to voluntarily participate in an EQA program in order to achieve **improvement in the quality of the laboratory's performance**.

The EQA program can be organized at different levels: **regional, national, or international**.

Continue...

- Individual laboratory results are **kept confidential**, and generally are only **known by the participating laboratory and the EQA provider**. A summary is generally provided and allows comparison to the overall group
- Some **EQA** schemes may address **a single disease, for example the EQA program for tuberculosis**. Others may address many kinds of laboratory tests, looking at the overall testing performance for microbiology. An example of this multi-disease or test program is the national microbiology EQA in France, which is obligatory.

Rechecking process

- This method is most commonly used for **acid-fast smears**; the slides that were read in the **original laboratory** are “**rechecked**” in a **central or reference laboratory**. This allows for the accuracy of the original report to be evaluated, and also allows **for the assessment of the quality of the slide preparation and staining**.

Rechecking process

- **The following principles are important when performing recheck procedures.**
 - 1- The slides for re-examination **must be collected randomly**. Every effort should be made to avoid systematic sampling bias.
 - 2- Rechecking **must be based upon statistical considerations**. A common method is for the central laboratory to recheck 10% of negative and 100% of positive slides.
 - 3- When discrepancies occur, there should be procedures in place to resolve them.
 - 4- The outcome of rechecking must be analyzed for effective and timely feedback.

On-site evaluation

- A periodic visit by evaluators for on-site laboratory assessment is a type of EQA that has **been used when other methods of EQA are not feasible or effective**. Again, this method has most frequently been employed for assessment of sites performing AFB smears, and those performing HIV rapid testing.

On-site evaluation can be a valuable tool to

1-obtain a realistic picture of laboratory practices by observing the laboratory under routine conditions in order to check that it is meeting quality requirement

2- provide information for internal process improvement; measure gaps or deficiencies—learn “where we are”; assist the laboratory in collecting information for planning and implementation of training, monitoring, and corrective actions.

On-site evaluation for the purpose of EQA may be conducted by a central reference laboratory or other health authorities. On-site evaluation can be used together with retesting and rechecking schemes to provide more

Managing EQA in the Laboratory

- Participation in EQA
- All laboratories should participate in EQA challenges, and this should include EQA for all testing procedures performed in the laboratory, if possible. **The benefits of this participation are considerable, and EQA provides the only means available to a laboratory to ensure that its performance is comparable to that of other laboratories**

Managing EQA in the Laboratory

- For laboratories that are **accredited, or that plan to seek accreditation**, EQA participation is essential. ISO 15189 addresses EQA requirements for laboratories as follows.
- There is a requirement that the laboratory participate in interlaboratory comparisons. •

Where an established EQA scheme is not available, an alternate EQA mechanism will have to be considered for interlaboratory **comparison such as exchange of samples with other laboratories.**

The laboratory management shall monitor the results of EQA and participate in the implementation of corrective action

- When participating in EQA programs, the laboratory needs to develop a process
- for the management of the process. A primary objective is to assure that all EQA
- samples are treated in the same manner as other samples tested.
- Procedures should be developed.
- • Handling of samples—These will need to be logged, processed properly, and
- stored as needed for future use.
- • Analyses of samples—Consider whether EQA samples can be tested so that
- staff do not recognize them as different from patient samples—blinded testing.
-

- • Appropriate record keeping—Records of all EQA testing reporting should be
- maintained over a period of time, so that performance improvement can be
- measured.
- • Investigation of any deficiencies—For any challenges where performance is
- not acceptable.
- • Taking corrective action when performance is not acceptable—The purpose of
- EQA is to allow for detection of problems in the laboratory, and to, therefore,
- provide an opportunity for improvement.
- • Communication of outcomes to all laboratory staff and to management.

External Quality Assessment problems

- Pre The sample may have been compromised during preparation, shipping, or after receipt in the laboratory by improper storage or handling. The sample may have been processed or labeled improperly in the laboratory.-
examination

Examination

- Pre-examination
- The sample may have been compromised during preparation, shipping, or after receipt in the laboratory by improper storage or handling. •
The sample may have been processed or labeled improperly in the laboratory

Examination

- The EQA challenge materials may exhibit a matrix effect in the examination system used by the participating laboratory. •

Possible sources of analytical problems include reagents, instruments, test methods, calibrations, and calculations. Analytical problems should be investigated to determine whether error is random or systemic.

- Competency of staff will need to be considered and evaluated.

Examination

- The EQA challenge materials may exhibit a matrix effect in the examination system used by the participating laboratory.
- Possible sources of analytical problems include reagents, instruments, test methods, calibrations, and calculations. Analytical problems should be investigated to determine whether error is random or systemic.
- • Competency of staff will need to be considered and evaluated

Post-examination

- The report format can be confusing.
- Interpretation of results can be incorrect.
- Clerical or transcription errors can be sources of error

Guidelines for Susceptibility testing

1-Clinical laboratory Standards Institutes (**CLSI**)

Formerly CLSI 2006

2- European Committee on Antimicrobial Susceptibility Testing – **EUCAST**

In Our country nearly all microbiology Laboratories use CLSI guidelines.

Critical Challenges in AST

1. Pure isolate
2. Culture media: Muller-Hinton
3. Reagents: disks
4. Size of the inoculums
5. Incubation condition
6. Control with reference strains
7. Reading inhibition diameters (accurate measurement)
8. Knowledge of staff

Quality control strains

- Each QC strain should be obtained from a **recognized source** (eg, ATCC[®]). All CLSI-recommended QC strains appropriate for the antimicrobial agent and reference method should be evaluated and produce results within the expected ranges listed in M100 that were established according to the procedures described in CLSI document

Quality Control Reference Strains

- • *Escherichia coli* ATCC® 25922;
- • *Escherichia coli* ATCC® 35218; / B-ihibitor.co
- • *Haemophilus influenzae* ATCC® 49247;
- • *Haemophilus influenzae* ATCC® 49766;
- • *Klebsiella pneumoniae* ATCC® 700603; /ESBL
- • *Neisseria gonorrhoeae* ATCC® 49226;
- • *Pseudomonas aeruginosa* ATCC® 27853;
- • *Staphylococcus aureus* ATCC® 25923;
- • *Streptococcus pneumoniae* ATCC® 49619.

Quality Control Reference Strains

- *Enterococcus faecalis* ATCC® 29212 (or alternatively *E. faecalis* ATCC® 33186) is recommended for monitoring Mueller-Hinton agar for unacceptable levels of thymidine when trimethoprim or sulfonamides are tested.
- *E. faecalis* ATCC® 29212 is also used for control of high-content aminoglycoside disks
- *H. influenzae* ATCC® 49247 is an ampicillin-resistant, B-lactamase-negative organism.
- *H. influenzae* ATCC® 49766 is an ampicillin-susceptible organism that is more reproducible than *H. influenzae* ATCC® 49247 for controlling selected B-lactams.

Storing Quality Control Strains

- Cultures may be maintained at **-20 °C** or below (preferably at **-60 °C** or below or in liquid nitrogen) in a suitable stabilizer (**e.g., 50% fetal calf serum in broth, 10 to 15% glycerol in tryptic soy broth, defibrinated sheep blood, or skim milk**), or in a freeze-dried state without significant risk of altering their antimicrobial susceptibility.

Storing Quality Control Strains

- Working control cultures should be stored on tryptic soy agar (nonfastidious strains) or on enriched chocolate agar (fastidious strains) slants at 2 to 8 °C and subcultured each week for no more than three successive weeks. New working cultures should be prepared at least monthly from frozen, freeze-dried, or commercial cultures.

The 15-Replicate (3 × 5 Day) Plan

- Test three replicates of each applicable QC strain using individual inoculum preparations for five consecutive test days and document results.

The 15-Replicate (3 × 5 Day) Plan

- Upon successful completion of the 15-replicate (3 × 5 day) plan, it is acceptable to go to weekly QC testing.
- If completion of the 15-replicate (3 × 5 day) plan is unsuccessful, take corrective action as appropriate, and continue daily QC testing.

Antimicrobial Agent	Disk Content	Disk Diffusion QC Ranges, mm		
		<i>Escherichia coli</i> ATCC [®] 25922	<i>Pseudomonas aeruginosa</i> ATCC [®] 27853	<i>Staphylococcus aureus</i> ATCC [®] 25923
Amikacin	30 µg	19-26	20-26	20-26
Amoxicillin	10 µg	15-22	-	27-35
Amphotericin B	15 µg	-	-	21-26
Amphotericin B	75 µg	-	24-30	-
Chlorthalidon	30 µg	28-36	23-29	-
Clindamycin	100 µg	23-29	18-24	-
Clotrimazole	30 µg	23-27	-	27-31
Colistin	30 µg	26-32	-	26-34
Colistin	30 µg	21-27	-	29-35
Colistin	5 µg	24-28	-	25-32
Colistin	5 µg	22-28	-	20-28
Colistin	30 µg	31-37	25-31	23-29
Colistin	10 µg	24-29	-	-
Colistin	30 µg	25-31	22-31	-
Colistin	5 µg	20-26	-	-
Conazole	30 µg	26-32	-	25-34
Ceftazidime	30 µg	25-29	-	22-28
Ceftazidime	75 µg	28-34	23-29	24-33
Ceftazidime	30 µg	29-35	18-22	25-31
Ceftazidime	30 µg	28-34	-	17-23
Ceftazidime	30 µg	23-29	-	23-29
Ceftazidime	10 µg	23-28	-	19-25
Ceftazidime	30 µg	21-27	-	27-33
Ceftazidime	30 µg	26-34	-	26-35
Ceftazidime	30 µg	25-32	22-29	16-20
Ceftazidime	30 µg	27-35	-	-
Ceftazidime	30 µg	30-36	12-17	27-35
Ceftazidime	5 µg	25-31	-	20-27
Ceftazidime	30 µg	29-35	17-23	22-28
Ceftazidime	30 µg	20-26	-	27-35

Table 6. 15-Replicate (3- × 5-Day) Plan: Acceptance Criteria and Recommended Action*

Number Out of Range With Initial Testing (Based on 15 Replicates)	Conclusion From Initial Testing (Based on 15 Replicates)	Number Out of Range After Repeat Testing (Based on All 30 Replicates)	Conclusion After Repeat Testing
0-1	Plan is successful. Convert to weekly QC testing.	N/A	N/A
2-3	Test another 3 replicates for 5 days.	2-3	Plan is successful. Convert to weekly QC testing.
≥4	Plan fails. Investigate and take corrective action as appropriate. Continue QC each test day.	≥4	Plan fails. Investigate and take corrective action as appropriate. Continue QC each test day.

* Each QC strain and antimicrobial agent combination is assessed separately.
Abbreviations: N/A, not applicable; QC, quality control.

Implementing Weekly Quality Control Testing

Perform quality control testing **once per week and** whenever any reagent component of the test (e.g., A new lot of **agar or a new lot of disks from the Same or a different manufacturer**) is changed. If any of the weekly quality control results is out Of the acceptable range, corrective action is required.

معرف	ارگانایسم کنترل	شماره ATCC	نتیجه مورد انتظار	دفعات انجام آزمایش QC
Bacitracin disk	<i>Strep.pyogenes</i> <i>Strep. agalactiae</i>	19615 12386	هاله عدم رشد (بزرگتر از 10mm) عدم هاله یا کمتر از 10mm	هر سری ساخت و سپس هر ۳ ماه
Coagulase (لام با آب مقطر و زیر ده ثانیه)	<i>Staph.aureus</i> <i>Staph.epidermidis</i>	25923 12228	مثبت (ایجاد لخته) منفی (عدم ایجاد لخته)	هر سری ساخت و سپس با هر بار آزمایش
Ferric chloride (10%)	<i>Proteus vulgaris</i> <i>Escherichia coli</i>	33420 25922	مثبت (سبز رنگ) منفی (بدون تغییر رنگ)	هر سری ساخت و سپس هر ۳ ماه
Methyl red	<i>E. coli</i> <i>K. pneumoniae</i>	25922 13883	مثبت (قرمز رنگ) منفی (بدون تغییر رنگ)	هر سری ساخت و سپس هر ۳ ماه
ONPG	<i>E. coli</i> <i>Proteus mirabilis</i>	25922 29245	مثبت (زرد رنگ) منفی (بدون تغییر رنگ)	هر سری ساخت و سپس هر ۳ ماه
Voges- Proskauer	<i>Enterobacter cloacae</i> <i>E. coli</i>	13047 25922	مثبت (قرمز رنگ) منفی (بدون تغییر رنگ)	هر سری ساخت و سپس هر ۳ ماه
Indole (Kovacs)	<i>E. coli</i> <i>P. aeruginosa</i>	25922 27853	مثبت (ارغوانی رنگ) منفی (بدون تغییر رنگ)	هر سری ساخت و سپس هر ۳ ماه
Optochin (در حضور CO2)	<i>Strep. pneumoniae</i> <i>Strep. pyogenes</i>	6305 19615	حساس مقاوم	هر سری ساخت و سپس هر ۳ ماه

Post analytical stage (Results Reporting)

The result of microbiological examination usually becomes available in stages on successive days. So, the SOP needs to include: (a) reporting and verifying test results, (b) interpreting test reports correctly, and (c) taking appropriate action when a result has serious implications for a patient or public health.

Wording of reports:

- The aim of the clinical microbiologist is to provide clinicians and health officers **with reports that are understandable**, The laboratory should, therefore, have a carefully constructed policy for the wording of reports and **all staff should adhere to the policy**.

Reporting policy

The laboratory policy for reports should specify not **only the wording of interpretative comments**, but also the circumstances in which the different comments are to be made. It should, for instance ·

Lay down the circumstances in which **the finding of coagulase-negative Staphylococci in a blood culture to be reported with the comment 'probably a contamination from the skin', and without giving its antibiotic sensitivity report.**

Reporting policy

In different circumstances as, in a **compromised patient** when the finding is to be reported as 'possibly of clinical significance', and the antibiotic sensitivity given.

Reporting policy

A policy is also required for **reporting the finding of AFB** in different specimens. Thus their finding in sputum might be reported: 'many AFB resembling tubercle bacilli seen in film, culture for Mycobacterium is in progress (or is advised). However, there **finding in urine might be reported more cautiously: 'a few AFB seen in film which may be commensal Smegma bacilli, culture for Mycobacterium is in progress (or is advised).**

Reporting policy

Particular **care must be given to the policy for the wording** of negative reports. These should be phrased in such a way as to indicate which pathogens were sought and not found. The uninformed recipient of a report on a throat swab stating '**no pathogen on culture**', might well imagine that a search had been made for every kind of respiratory tract pathogen including viruses, Mycoplasmas and Chlamydiae, when the specimen had been cultured only for pyogenic bacteria

Reporting policy

If a throat swab from acute sore throat has been examined the report might properly read 'mixed upper respiratory organisms present. No *Streptococcus pyogenes* on culture. Not cultured for viruses, mycoplasmas and other pathogens. Similarly, if faeces from acute diarrhea has been examined the report should read 'no Salmonella, Shigella, Vibrio or Campylobacter found.

<p>اولین تشخیص با گرم بحرانی تلقی مثبت شدن مجدد نتیجه دیگر بحرا</p>	<p>هر نتیجه مثبت</p>	<p>تمام گروه های سنی</p>	<p>عادات استریل بدن شامل: جنب، آسیت، مفصل، زجاجیه، پریکارد و ...</p>
	<p>هر نتیجه مثبت</p>	<p>تمام گروه های سنی</p>	<p>سی بافت مانند مغز، کبد، کلیه، استخوان و مغز استخوان</p>
	<p>هر نتیجه مثبت یا منفی</p>	<p>تمام گروه های سنی</p>	<p>نه های بخش جراحی مانند آبسه های مغزی و بایعاتی که در حین جراحی برداشته می شوند</p>
	<p>هر نتیجه مثبت</p>	<p>تمام گروه های سنی</p>	<p>تراشه قرنیه</p>

	هر نتیجه مثبت	تمام گروه های سنی	بافت مانند مغز، کبد، کلیه، استخوان و مغز استخوان
	نتیجه مثبت برای ویبریو کلرا	تمام گروه های سنی	مدفوع
	نتیجه مثبت برای <i>E. coli</i> Enterohemorrhagic <i>E. coli</i> O157 مانند	کمتر از ۱۸ سال	
در بیماران	نتیجه مثبت برای شیگلا	کمتر از ۱۲ سال	
در بیماران بزرگسالان	نتیجه مثبت برای شیگلا دیسانتیره	تمام گروه های سنی	
در بیماران بزرگسالان			

	هر نتیجه مثبت	تمام گروه های سنی	بافت مانند مغز، کبد، کلیه، استخوان و مغز استخوان
	نتیجه مثبت برای ویبریو کلرا	تمام گروه های سنی	مدفوع
	نتیجه مثبت برای <i>E. coli</i> Enterohemorrhagic <i>E. coli</i> O157 مانند	کمتر از ۱۸ سال	
در بیما	نتیجه مثبت برای شیگلا	کمتر از ۱۲ سال	
در بیماران ب	نتیجه مثبت برای شیگلا دیسانتیره	تمام گروه های سنی	

	نتیجه مثبت	تمام گروه های سنی	گروه A جدا شده از فاسیت و یا زخم های جراحی
	نتیجه مثبت	تمام گروه های سنی	لژیونلا
	نتیجه مثبت	تمام گروه های سنی	لیتوسپیرا
زنان باردار و افراد مبتلا به سیستم	نتیجه مثبت	تمام گروه های سنی	لیستریا
در صورتی که از نمونه هفته دوباره باکتری گزارش شفاهی یا	اولین بار جداسازی و جداسازی سویه های مقاوم (MDR و XDR)	تمام گروه های سنی	ت مثبت مایکوباکتریوم توبرکولوزیس
هر نمونه	اولین جواب مثبت	تمام گروه های سنی	سایر گونه های مایکوباکتریوم

	نتیجه مثبت	تمام گروه های سنی	تشخیص مورد جدید سیفیلیس
	تیترا با ارزش آنتی بادی	تمام گروه های سنی	لپتوسپیرو
تشخیص اولیه به ع تلقی می شود و جوا طی یک هفته، دی بحرانی تلقی	نتیجه مثبت	تمام گروه های سنی	کسین A و B کلستریدیوم دیفیسیل در نمونه مدفوع
	نتیجه مثبت	تمام گروه های سنی	کلستریدیوم بوتولینوم در نمونه ماده غذایی مصرفی
	نتیجه مثبت	تمام گروه های سنی	شیگاتوکسین در نمونه مدفوع